

## Hand and Foot Care Treatments

**MINI MANICURE** £9.50  
Nails filed, hands moisturised, nails varnished.

**FULL MANICURE** £17.00  
Nails are filed, cuticles treated and hands massaged followed by application of polish.

**DELUXE MANICURE** £24.00  
A highly effective treatment which not only treats your nail problems, but also incorporates the highly beneficial heated mitts, helping moisturise to penetrate more deeply.

**PEDICURE** £22.00  
Relaxing massaging foot spa, file, cuticle treatment, moisturise and varnish. Leaves feet feeling refreshed.

## Teenage Treatments

**MINI FACIAL** £16.00  
**BACK, NECK AND SHOULDER MASSAGE** £17.00  
**MINI MANICURE** £8.75  
**EYE LASH TINT** £7.75  
**EYE BROW SHAPE** £6.25  
**HALF LEG SUGARING** £11.00  
**FULL LEG SUGARING** £17.00

## Gentlemen's Grooming

Gentlemen are encouraged to try treatments at the beauty spa.

**WE CAN CUSTOMISE ANY FACIAL TO SUIT YOUR SKIN**

**THE BEAUTY SPA DELUXE HOT STONE MASSAGE**  
Relaxes the body at its deepest level. The heat of the stones slowly penetrate into the surrounding skin and muscles as you float into a tranquil experience. The whole balance of the body is restored.

**FULL BODY** £40.00  
**BACK, NECK AND SHOULDERS** £24.00

**THERAPEUTIC MASSAGE**  
**FULL BODY** £34.00  
**BACK, NECK AND SHOULDER** £20.00

## Gift Vouchers available

**PARKING AND CRECHÉ FACILITIES**  
**PRODUCTS AVAILABLE FOR SALE**  
**MONTHLY SPECIAL OFFERS**

This will allow you to try a variety of different treatments at a reduced price.

## Pampering Packages

### A FABULOUS GIFT IDEA

50% deposit is required to secure booking and is nonreturnable if 24hr cancellation is not given.

## 24 Hour Cancellation Notice

It is kindly requested that you give us at least 24hrs notice of cancellation, otherwise a 50% charge may be applied - as we wish to serve our clients who may be on the waiting list.

## Salon Opening Hours

Monday	1.30pm - 8.00pm
Tuesday	1.30pm - 8.00pm
Wednesday	10.00am - 6.00pm
Thursday	1.30pm - 8.00pm
Friday	10.00am - 6.00pm
Saturday	9.30am - 1.00pm



# The Beauty Spa



**Sandra MacDonald**  
CIBTAC BABTAC ITEC

## Price List

Perth Leisure Pool  
Glasgow Road, Perth PH2 0HZ

**Tel: 01738 492414**  
Appointments day/evening



[www.liveactive.co.uk/PLP/beauty-spa.htm](http://www.liveactive.co.uk/PLP/beauty-spa.htm)

## Facials

*All facials below include a double cleanse tone and moisture.*

### **THE BEAUTY SPA LUXURY FACIAL £53.00**

#### **Renu Anti Ageing Facial**

Renu lift is 90 minutes of luxurious pampering. Whilst cocooned in warm towels the specialised formulations and masks combined with an exclusive facial massage gives your skin a reviving lift. This treatment has been designed to provide you with a complete sense of peace easing away your stresses and leave you feeling rejuvenated.

### **Renu Express £24.00**

Renu Express is a mini luxury treatment using Renu Anti-aging products.

### **DELUXE FACIAL £40.00**

This is a very effective treatment for dry and mature skin. Using freeze dried collagen this mask is designed to reduce the signs of ageing.

### **NON SURGICAL FACE TREATMENT £33.50**

A revolutionary treatment which gently re-educates, tightens and tones facial muscles while smoothing the appearance of fine lines and wrinkles. Results are visible after one treatment. A course of treatments are recommended for optimum results.

### **DEEP RELAXATION FACIAL £39.50**

This treatment begins with a back neck and shoulder massage to completely relax you, followed by an aromatherapy facial (a blissful experience).

### **THE BEAUTY SPA ORGANIC FACIAL £35.00**

Specially for my Vegan and Vegetarian clients this facial only uses products using plant and vegetable derived ingredients with the finest raw materials giving maximum therapeutic benefits to the skin.

### **RELAXING AROMATHERAPY FACIAL £34.00**

A very soothing and beneficial treatment includes gentle exfoliation vapour ozone steam followed by relaxing face neck and shoulder massage using essential oils, to complete the treatment a mask is applied then skin moisturised leaving the skin glowing.

### **RELAXING MINI FACIAL £19.00**

Includes 20 minute massage of face neck and shoulders induces relaxation ideal for stress and tension relief.

### **REVIVING MINI FACIAL £19.00**

Includes exfoliation mask and moisturise. A wonderful quick pick-me-up.

### **CLEANSE AND MAKE-UP £24.00**

### **BRIDAL MAKE-UP including trial £35.00**

## The Beauty Spa Complimentary Therapies

### **THE BEAUTY SPA DELUXE HOT STONE MASSAGE**

Relaxes the body at its deepest level. The heat of the stones slowly penetrate into the surrounding skin and muscles as you float into a tranquil experience. The whole balance of the body is restored.

### **FULL BODY £40.00 BACK, NECK AND SHOULDERS £24.00**

### **DELUXE BACK TREATMENT £42.00**

This treatment includes cleanse tone and exfoliation followed by a relaxing massage to reduce tension. To complete this treatment a paraffin wax is applied penetrating warmth and moisture into the body.

### **THERAPEUTIC MASSAGE**

A relaxing antidote to a busy modern lifestyle reducing muscle tension and treating stress related disorders.

### **FULL BODY £34.00 BACK, NECK AND SHOULDERS £20.00 LEGS £16.00**

### **REIKI**

This is a powerful hands-on healing treatment. It is a deeply relaxing method of activating the body's own healing system. You remain fully clothed throughout.

### **1 HOUR TREATMENT £30.00 30 MINUTES TREATMENT £19.00**

### **INDIAN HEAD MASSAGE £19.00**

A unique soothing head massage to aid relaxation soothe headaches and tension. Pamper yourself and relax more deeply than you ever thought possible.

### **HOPI EAR CANDLING £25.00**

Re-balancing and soothing effect that brings a feeling of relaxation. Benefits include helping sinus problems, headaches and throat problems.

### **AQUA DETOX £26.00**

The revolutionary way to detoxify and re-balance your body.

## St. Tropez Self Tanning

### **FULL BODY £34.50 LEGS £15.00**

Suitable for the person requiring a safe natural tan that is instant non greasy with a relaxing aromatic fragrance.

## Sugaring

A traditional Egyptian technique of removing body and facial hair.

### **HALF LEG £12.75 FULL LEG £19.50 FULL LEG AND BIKINI £24.00 BIKINI LINE £7.50 ARMS £11.00 UNDERARM £7.50 LIP OR CHIN £5.75 LIP AND CHIN £9.25 SWIMMERS SPECIAL; HALF LEG, BIKINI AND UNDERARM £24.00 HOLIDAY SPECIAL; HALF LEG, BIKINI, UNDERARM & EYELASH TINT £31.00**

## Eye Treatments

### **EYELASH TINT £8.75 EYEBROW TINT £6.25 LASH & BROW TINT £12.90 EYEBROW TIDY £6.75 EYELASH PERM (Including eyelash tint) £28.00**