

2025 Training Courses

Coaching Essentials

Our Sports First Aid, Child Protection and Child Protection Officer courses are available for all coaches, volunteers and club administrators across Perth & Kinross.

Please click on the links below to find all of the details for each course and how to book.

Course	Venue	Date	Time	Link
Child Wellbeing & Protection in Sport	Perth Leisure Pool	12th March 2025	18:00 - 21:00	Book Now
Child Wellbeing & Protection in Sport	Dewars Centre	11th June 2025	18:00 - 21:00	Book Now
Child Wellbeing & Protection in Sport - Officer Training	Online	13th March 2025	18:00 - 21:00	Book Now
Sports First Aid	Dewars Centre	15th February 2025	09:00 - 16:00	Book Now
Sports First Aid	Dewars Centre	7th June 2025	09:00 - 16:00	Book Now

Coach and Club Development Workshops

We have a range of coach and club development workshops on offer to support the learning and development of clubs, coaches and volunteers.

Please click on the links below to find all of the details for each course and how to book.

Course	Venue	Date	Time	Link
Sports Psych Series	Breadalbane Community Campus	5th February 2025	18:30 - 20:30	Book Now
Strength & Conditioning Series - Intro to S&C for participants under 17 years	Dewars Centre	22nd February 2025	10:00 - 12:00	Book Now
ADHD in Sport	Online	20th March 2025	18:00 - 20:00	Book Now
Strength & Conditioning Series - Recovery Techniques	Dewars Centre	12th April 2025	10:00 - 12:00	Book Now
Strength & Conditioning Series - Coaching Female Participants under 17 years	Dewars Centre	3rd May 2025	10:00 - 12:00	Book Now
Club Development Workshop - Driving Community Impact through Sport	Blairgowrie Community Campus	10 May 2025	10:00 - 14:00	Book Now

Entry Level - Sports Specific Courses

These courses are predominantly for school sport volunteers, PKC teaching staff and senior pupils who are starting on their coaching journey. That said - they will be suitable for anyone who is looking to gain further knowledge and content to deliver sport specific games and activities to children at an introductory level.

Please click on the links below to find all of the details for each course and how to book.

Course	Venue	Date	Time	Link
Rugby	Perthshire RFC	15th Jan 2025	16:30 - 18:00	Book Now
Gymnastics	Loch Leven CC	27th Jan 2025	16:00 - 17:30	Book Now
Gymnastics	LA Blairgowrie	29th Jan 2025	16:00 - 17:30	Book Now
Gymnastics	Breadalbane CC	5th Feb 2025	16:00 - 17:30	Book Now
Gymnastics	Glenearn CC	10th Feb 2025	16:00 - 17:30	Book Now
Cricket	Glenearn CC	17th Feb 2025	16:00 - 18:00	Book Now
Netball	Glenearn CC	24th Feb 2025	16:30 - 18:00	Book Now
Dance	North Inch CC	5th March 2025	16:30 - 18:00	Book Now
Athletics	Bertha Park HS	31st March 2025	16:30 - 19:30	Book Now

PACES

All clubs that are accredited through Perth and Kinross's Accredited Club Excellence Scheme will receive free spaces on all courses.

PACES clubs will receive the following free places on each course:

- Gold: 3 free places
- Silver: 2 free places
- Bronze: 1 free place

Find out more [HERE](#) about what PACES is and how it could benefit your club, or contact our Sports Development Team at sport@liveactive.co.uk.

Individual Coaching Grants

Live Active Leisure and The Gannochy Trust are committed to supporting the development of sport in Perth and Kinross. Our individual coaching grants support life-long learning and continuous personal development by providing financial assistance to help with the payment of national governing body coaching courses.

If you live in Perth and Kinross or coach with a Perth and Kinross club, then you could be eligible to get assistance of up to 75% of the overall course fee.

For information, conditions and the process for applying for a coaching grant then please see our guidance notes [HERE](#). For any more additional information or to discuss the process further, please contact Stevie Baxter via sbaxter@liveactive.co.uk.