



# Junior Football Programme

Valid from December 2020

## LIVE ACTIVE FOOTBALL CLASSES

TUESDAY	P 1 - 7 GIRLS	16:15 - 17:00	Live Active Blairgowrie
	2015 BOYS	17:15 - 18:00	
SATURDAY	P1 - 3	11:00 - 12:00	
	P4 - 7	12:15 - 13:15	

## MINI KICKERS

MONDAY	18 months - 3 years	13:00 - 13:30	Bell's Sports Centre
	3 - 5 years	13:45 - 14:30	
THURSDAY	18 months - 3 years	09:45 - 10:15	Bell's Sports Centre
	3 - 5 years	10:15 - 11:00	
SATURDAY	3 - 5 years	09:00 - 09:45	Bell's Sports Centre
	3 - 5 years	10:00 - 10:45	Live Active Blairgowrie
	18 months - 3 years	11:15 - 11:45	Bell's Sports Centre

# MCDONALD'S FUN FOOTBALL SESSIONS



MONDAY	SCONE THISTLE COMMUNITY FOOTBALL CLUB		
	2014 - 2015 BOYS	16:00 - 17:00	Scone Ball Court, Scone
	2009 - 2015 GIRLS	17:00 - 18:00	
WEDNESDAY	LETHAM COMMUNITY SPORTS CLUB		
	2012 -2015 GIRLS	16:00 - 17:00	7 Acres Park, Perth
	2014 - 2015 BOYS	17:00 - 18:00	
	CRIEFF JUNIORS COMMUNITY FOOTBALL CLUB		
	2013 - 2015 MIXED	17:30 - 18:30	Live Active Strathearn
SATURDAY	JEANFIELD SWIFTS COMMUNITY FOOTBALL CLUB		
	2013 - 2015 MIXED	11:00 - 12:00	Bell's Sports Centre



# JUNIOR FOOTBALL SESSIONS DESCRIPTIONS



## MINI KICKERS

### 18 month - 3 years

Designed to provide a fun and enjoyable introduction to football, these Adult and Toddler classes aim to develop and improve key skills such as balance & hand/eye co-ordination as well as promote a healthy lifestyle.

### 3 - 5 years

Designed to give players an opportunity to get active and introduce them to basic football skills, such as Passing, Control, Dribbling and Shooting. Our pre-school curriculum encourages the use of imagination, provides a challenge to each child and ensures lots of fun is had in a structured environment.

## LIVE ACTIVE FOOTBALL CLASSES

Providing opportunities for children to take part in structured sessions with the aim of providing fun, developing skills and techniques. All classes are delivered by qualified Scottish FA coaches and provide a pathway to local community clubs.

## MCDONALD'S FUN FOOTBALL SESSIONS

The club sessions are delivered alongside Scottish FA Quality Mark accredited clubs, providing boys and girls with a chance to further their football development. Each session will allow participants to develop their skills under the watchful eye of qualified Scottish FA coaches.

