

SPORT FOR CHANGE

Grant Funding 2023
Guidance Notes



Live Active Sport in partnership with The Gannochy Trust are pleased to offer grants to help our local sports clubs, community sport hubs and sports organisations to start, or continue projects that enable an inclusive and welcoming environment for all.

The aim of the funding is to address inequalities that prevent local people accessing quality sport and physical activity opportunities. Furthermore, we are looking for projects that can also achieve wider social outcomes. We expect that these outcomes will be achieved through collaboration with partner organisations / groups, in order to meet local need.

Examples of wider social outcomes include:

- Improvements to health and wellbeing (e.g. understanding the health benefits of participation and increased confidence and resilience to keep being active)
- Building stronger communities (e.g. activities that encourage integration or providing opportunities for vulnerable / marginalised groups)
- Improving mental health (e.g. reducing social isolation, or specifically addressing mental health issues)
- Reducing crime / antisocial behaviours (e.g. diversionary activities at key times, or through modifying/promoting positive behaviour)
- Developing volunteering / employability skills (e.g. encouragement to learn new skills and help with working well with others)



IMPORTANT NOTE: We welcome applicants to get in touch with us to note interest in the funding and to have a discussion about your project idea and where the Sport Development team can assist with linking up with partners and other sources of support. To discuss an idea pre-application, please contact sport@liveactive.co.uk with your idea and contact details.

Also, we are aware that planning may already be in place for inclusive activities. If this funding can enhance your existing plans or extend what your offer is going to be, then we'd still be delighted to hear from you.

What funding is available?

- The total funding for this round is up to £5,000
 - Up to £1,000 is available per grant
 - 1 grant available per Hub or sports club/organisation
 - Applicants must state in their application, how much they are applying for
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- If the funding is oversubscribed, then successful organisations may not receive the total amount they have applied for
 - If the funding is undersubscribed, then successful organisations may receive a top up grant to widen the delivery of their project

Who is the funding intended to reach?

There are no restrictions here with regards to age / ability / locality. What we are most interested to read about in your application is how your project is addressing local inequalities, who you consider your target groups to be, who you can partner with, and the wider social outcome that you wish to address.



NOTE: The Live Active Sport team can provide support by connecting applicants with local partner organisations / groups.

Frequently Asked Questions

Q - What is Sport for Change / the Changing Lives Approach?

This flyer explains the Changing Lives Approach. [View flyer here.](#)

Q - Do I need to have a project partner?

Ideally yes. We encourage all applicants to work with a partner organisation(s) to help you to plan and deliver your inclusive sport project. If you have an idea for a project, but don't know who to partner with, please get in touch for help with linking up.

Q - Are there any restrictions on what the money can be spent on? (e.g. can it be used to purchase equipment for activity)

It is expected that most spend will be on the delivery of activities, however the funding request can include equipment or training to make activities more accessible to your intended target groups.

Q - When does the money have to be spent?

Your project activities must be planned by 31 March 2023 and delivered by 31 December 2023.

Q - How will our project be supported and monitored?

Successful applicants who receive a grant will be linked with a Sports Development Officer who will provide support to your project. Successful applicants will also be linked together and a project representative asked to attend two learning sessions, which will either be online or in person.

Q - How will our project be evaluated?

Your sports development officer will work with you to complete an evaluation at the end of your project to capture the impact of the investment. As a minimum we will ask you for:

- Name of project
- Project partner (s)
- Short description of the project
- Who was involved in the planning of the project
- Number of participants (by gender)
- Age range of participants
- An evaluation of the project's success (what difference it made)
- Quotes from project leader / participants
- Photos / video from the project (permissions to be sought)

The Application

[APPLY HERE](#)

What you will need to complete the application:

- Organisation contact and bank account details
- Details of your project, your partner and the activity you are providing and details of the wider social outcome you wish to focus on
- The number of people you hope to include in your activity
- A document showing what you will spend the money on, see example below:

Project Income	
Live Active Sport Grant	
Participant contribution	
Fundraising activity	
Other grant funding source(s)	
Other	
Organisation contributions	
TOTAL:	
Expenditure Core costs (management / admin / office costs etc)	
Facility hire costs	
Staff costs	
Volunteer costs	
Marketing / advertising costs	
Equipment costs	
Evaluation costs	
Other	
TOTAL:	

Please keep your answers to the questions succinct and relevant, around 150-200 words per text box.

We recommend that you complete the application questions in Word first, so that you can save and edit your responses before pasting your details into our application form.



Timescales

- The application must be submitted by midnight Sunday 29 January 2023
- A decision will be communicated to you by Wednesday 15 February 2023
- For successful applicants, the funding will be transferred by Tuesday 28 February 2023
- Applications received after the deadline may also be considered, however priority will be given to those submitted by 29 January 2023

Terms and Conditions

1. Only one application per organisation will be considered for up to £1,000
2. Clubs who are part of the Sport for Change Network and have received funding for mental health projects are not eligible to apply for this Sport for Change Grant.
3. Applications will only be considered from Community Sport Hubs and sports clubs/ organisations who are accredited through PACES or actively working towards accreditation
4. Hubs/Clubs/Organisations must be based within the region of Perth and Kinross
5. Hubs/Clubs/ Organisations must have a bank account, in the organisation's name
6. Funding may not be used by organisations to absorb debt repayments or costs incurred before the funding is agreed
7. If the funding is oversubscribed, we may at our discretion choose to award part funding, so that more applicants can benefit
8. If the funding is undersubscribed, we may at our discretion choose to award top up funding to successful applicants
9. Applicants that are unsuccessful will receive feedback and may be invited to update their application, and submit again, where terms, conditions, time and funds allow
10. If your organisation's circumstances change and you cannot use your funding in full, you will be required to contact us to let us know, and return any unused funds
11. An evaluation must be completed at the end of the project and the information that we will require as a minimum is as follows:
 - Name of project
 - Project partner (s)
 - Short description of the project
 - Who was involved in the planning of the project
 - Number of participants (by gender)
 - Age range of participants
 - An evaluation of the project's success (what difference it made)
 - Quotes from project leader / participants
 - Photos / video from the project (permissions to be sought)
 - Applications will only be considered from Community Sport Hubs and sports clubs/ organisations who are accredited through PACES or actively working towards accreditation. The list of eligible Community Sport Hubs is detailed [here](#)